

St. Louis Catholic Church

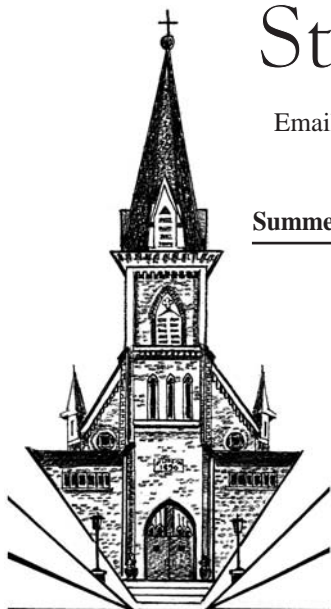
53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101

Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca

Served by the Congregation of the Resurrection since 1890.

Office hours: Monday – Thursday 9 - 12 and 1- 4 p.m.

Summer hours (Canada Day to Labour Day): Mon. - Thurs. 9 a.m. to 1 p.m.



St Louis Catholic Church



Weekday Masses:
Tuesday – Friday 9:00 a.m.
*Rosary: Tuesday to Friday
before 9:00 a.m. Mass*

Sunday Masses:
Saturday: 5:00 p.m.
Sunday: 9:30 a.m.
11:30 a.m.

Pastoral Team:

Pastor

Father Phil Reilly, C.R.
preilly@hamiltondiocese.com

Coordinator of Youth and Children's Ministries

Kelly Krause
kkrause@hamiltondiocese.com

Parish Secretary

Anna Malton
stlouiswaterloo@hamiltondiocese.com

Custodian

Doug Lichty

Welcome new members - Whether you are just passing through the area or looking for a spiritual home, we welcome you to St. Louis Catholic Church. We hope you will find our worship environment hospitable and prayerful. People often attend Mass at a parish for months or years without officially registering. Registration here at St. Louis is an expression of your commitment to being an active member of our community. Parish registration simplifies the process with regard to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

Parish Records - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

Music in the Liturgy - Music plays an integral role in the liturgical life of the parish. Parishioners are invited to join our choirs. Please contact the choir directors:

9:30 Choir - Bob Reinhart (robertreinhart182@msn.com)

11:30 Choir - Donna McLellan (donna-ipad@hotmail.com)

Sunday programs for children - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

Sacramental Life - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

Baptism - Celebrated once a month. Please speak with a priest after Mass on Sunday.

Sacrament of Reconciliation - Saturdays 4 - 4:30 p.m., or by appointment.

Marriage - For registered and supporting members, please contact the parish office at least one year in advance of your date.

Becoming Catholic - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

Anointing and Pastoral Care - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Anointing of the Sick, or to have the Holy Communion brought to them.

Pastoral Care to those in Hospital - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Anointing).

Priesthood and Religious Life - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at crvocations@gmail.com or www.resurrectionist.ca

Diocesan Newsletter - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

Parish Organizations and Contacts:

Finance Council

Terry Collins, 519-741-1534

Maintenance Committee

Bob Lorentz, 519-576-5556

OOTC Community Suppers

Keith & Sharon Schnarr 519-801-8687

Parish Webmaster

Daniel Delattre, daniel@uwaterloo.ca

Altar Servers Coordinator

Dave Pagett, 519-744-7705

Catechesis Of The Good Shepherd, Youth Ministry

Kelly Krause, 519-743-4101

Catholic Women's League

Donna Herbstreit, 519-884-9380
donna.marie2000@icloud.com

Ministry to the Elderly & Homebound

Cecilia Beechey, 519-572-5435

Prayer Shawl Ministry

Sandra Williams, 519-742-9239

Prayer Chain

Sharon Carey, 519-746-8073

St. Vincent De Paul

For food hamper or more
information call 519-743-4101



THE MOST HOLY BODY AND BLOOD OF CHRIST

MASS INTENTIONS and EVENTS

Monday, June 12 – No Mass	
9 AM – NOON	Pickle Ball <i>Gym</i>
Tuesday, June 13 – St. Anthony of Padua, Doctor	
9:00 AM	† Members of Estrada Family – Estrada Family
9 AM – 11 AM	Pickle Ball <i>Gym</i>
9:30 AM	Book Group <i>L. Hall</i>
6:30 PM	Choir Rehearsal for 11:30 AM Mass <i>Church</i>
Wednesday, June 14	
9:00 AM	† Clare Ford – Annette and Frank Hulme
7:00 PM	SVDP Meeting <i>L. Hall</i>
Thursday, June 15	
9:00 AM	Intentions of Fr. Carlos Diaz – Richard & Claire Armitage
7:00 PM	Finance Committee Meeting <i>Rectory</i>
Friday, June 16 – Most Sacred Heart of Jesus	
9:00 AM	† Betty Lou Benninger – Webster Family
9 AM – NOON	Pickle Ball <i>Gym</i>
Saturday, June 17 – Immaculate Heart of Blessed Virgin Mary	
9 AM – NOON	SVDP Sandwich project <i>Kitchen</i>
Vigil of the 11th Sunday in Ordinary Time	
5:00 PM	For the People of St. Louis Parish
Sunday, June 18 – 11th Sunday in Ordinary Time	
9:30 AM	† Robert J. Thomas – Family
	† Don Miller – Miller Family
	† Geraldine Smith – Elise Stanley
	Intentions of Moser Family – Moser Family
10:30 AM	Sunday Social <i>L. Hall</i>
11:30 AM	† Karen Marchard – Rosemary & Shaun MacNeil
	† Bruce Hummel – Hummel Family
	† Camille Osborne – Rosemary & Shaun MacNeil
	Intentions of Jocelyne Haroun – Martin Family

The First Reading from Deuteronomy 8:2-3, 14-16

The first reading for today's feast is part of a unit that begins with the words "This entire commandment that I command you today you must diligently observe" (Dt 8:1). It provides a recollection of the past to urge obedience to the covenant. The recollection is of the manna that God provided to the Israelites in their sojourn in the wilderness (Ex 16:4-15) and the water from the rock that God provided when the Israelites were thirsty (Ex 17:1-7). The reward associated with observing the commandments is to live and prosper in the land that was promised to their ancestors.

But Moses observes that the commandments are God's way of teaching discipline to God's people, like a father would teach his son. And what does God want to teach the people? He wants them to learn reliance of God so that they never assume that their prosperity comes from their own hands.

(From the Workbook for Lectors, Gospel Readers, & Proclaimers of the Word)

Walking Pilgrimage Guelph – Midland (Martyr's Shrine)

Sat. Aug. 5 – Sat. Aug. 12

Participate for 1 day, a weekend, or the full 8 days! Cost \$400 for 8 days, or \$75 per day, includes transportation of your equipment, daily 3 meals, snacks & drinks, entry & camping fees. Bring your tent, chair and personal gear/clothing in a duffle bag. [Register by June 20th at ignatiusguelph.ca](#)



Sunday	Loose	Diocesan	Maint.	Pre Auth.
\$ 2880.00	\$ 269.80	\$ 170.00	\$ 520.00	\$ 2481.50

Thank you for your donations!

Precepts of the Catholic Church - are a description of the **absolute minimum** actions required of Catholics regarding the Church.

The Church uses these precepts to remind us that Christian life requires a commitment to prayer and active participation in the liturgy and sacraments. If we fall below this bare-minimum level, we can't rightly consider ourselves to be in full communion with the Catholic Church. Each of these precepts of the Catholic Church is a requirement. Together with the Ten Commandments, they represent the minimum level of moral living. Intentional violation of the precepts, or the Commandments is a *grave matter*, meaning a mortal sin.

The Precepts:

- *You shall attend Mass on Sundays and on holy days of obligation and rest from unnecessary labour.* - We must "sanctify the day commemorating the Resurrection of the Lord" (Sunday), as well as the principal feast days, known as Catholic holy days of obligation. This requires attending Mass, "and by resting from those works and activities which could impede such a sanctification of these days."
- *You shall confess your sins at least once a year.* - We must prepare for the Eucharist by means of the Sacrament of Reconciliation (Confession). This sacrament "continues Baptism's work of conversion and forgiveness."
- *You shall receive the sacrament of the Eucharist at least during the Easter season.* - This "guarantees as a minimum the reception of the Lord's Body and Blood in connection with the Paschal feasts, the origin and center of the Christian liturgy."
- *You shall observe the days of fasting and abstinence established by the Church.* - "The fourth precept ensures the times of self-discipline and penance which prepare us for the liturgical feasts and help us acquire mastery over our instincts and freedom of heart." *See below for more about fasting & abstinence.*
- *You shall help to provide for the needs of the Church.* - "The 5th precept means that the faithful are obliged to assist with the material needs of the Church, each according to his own ability." (These quotations are from the *Catechism of the Catholic Church*, in its section about the Precepts of the Catholic Church (#2041-3).)

Note that these precepts are required, unless you have a legitimate reason for not meeting them. For example: If you are sick, tending to a sick child, or camping in the wilderness on Sunday and cannot get to Mass, it is not a grave violation to miss Mass that day. Children, the elderly, and pregnant or nursing women do not have to fast on normal fast days (Ash Wednesday and Good Friday). *(For more details on fasting & various exemptions see: beginningcatholic.com/precepts-of-the-catholic-church)*

Always remember: the precepts of the Catholic Church are minimum levels of participation in the life of the Church. Out of love for Christ and a desire to advance in the spiritual life, you will normally try to do far more than they require. **Go beyond the minimum!**

On May 28th Bishop Crosby wrote a letter to all Catholics in the Diocese of Hamilton removing the dispensation from the obligation to participate at Sunday Mass, effective on the Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi), June 11, 2023. This letter was read in the church and is available on our parish website (on Welcome page).



Jesus has given us His Body to eat and His Blood to drink to nourish us on our journey towards the Kingdom. May we be faithful to him on our journey as married, single, ordained, religious or consecrated persons. If God is calling you, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at vocations@hamiltondiocese.com, hamiltondiocese.com/vocations/ or 905-528-7988, or Fr. Raphael Ma, Congregation of the Resurrection Vocation Director, at crvocations@gmail.com, or Carmel of St. Joseph, St. Agatha, at 519-884-6700. Pray for vocations!

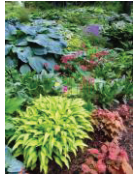


will run Tue. July 4 – Fri. July 7 (9 AM - NOON).

Theme: *Jesus Is Our Guide*

– *He Teaches Us the Bee-Attitudes*

For info. call Kelly Krause at 519-743-4101, kkrause@hamiltondiocese.com



Perennial Plant Sale – Sat. June 24, 9:00 AM - NOON

(or by appointment: 519-746-8073).

Location: Sharon and John Carey's Garden - 556 Canewood Cres., Waterloo (just off of Glen Forest Blvd. & Thorncrest St.). Does your garden need a little lift with a few more perennials? This is a great opportunity to

come visit a beautiful garden, ask the experts and choose plants directly from the garden. Sharon and John have over 150 different kinds of hostas and there will be a variety of other plants at great prices. If possible, please bring your own containers. Sponsored by and all proceeds to support St. Louis Prayer Shawl Ministry.

St. Louis Community Supper Annual Summary

621 Guests fed during 2022-23 Community Supper season. This is up 4% from 2018-2019 season. Mid-way through the season S.V.D.P. started handing out household items and canned food twice a month to our guests. We also supplied much needed winter coats to some of our guests. Home Style Diner located on Albert St. supplied all the hot meals served. We are extending our menu to include a choice of red meat or poultry to meet the needs of our guests. We are looking for gently used bath, or beach towels up until Christmas to give out to our guests. Phone 519-801-8687, if you have towels to donate. If you wish to donate financially, please make a cheque payable to *St. Louis Out of the Cold*. After placing it in an envelope, it can be dropped into the collection basket. To receive a tax receipt write your name and address. Thank you - *Sharon and Keith Schnarr*

Who Is A Christian? - A book study by the *Communio Circle* of the Diocese of Hamilton. Sat., June 17th, 10 AM to 2 PM at St. Francis of Assisi Church, 49 Blueridge Ave., Kit. "Who is a Christian?" is an enquiry by the great 20th c. theologian Hans Urs von Balthasar, friend and collaborator of Pope Benedict XVI in the launching of the *Communio* movement. What is at the heart of our Christian identity? Come & joining in our conversation on this vital topic. Refreshments provided. Bring your lunch. Visit communiohamiltondiocese.org or contact Fr. Mark Morley: mmorley@communiohamiltondiocese.org or Dc. Charles Fernandes: 519-923-0454 to learn more.



Trip to Steubenville Conference – Defending the Faith:

The theme this year is "*Hope and Holiness*." Join Kelly Krause for wonderful experience July 28-30 in Steubenville, Ohio. We will be hearing from speakers such as – Jeff Cavins, Trent Horn, Patrick Madrid, Edward Sri, Scott Hahn, and more. The cost for the conference is \$195, meal plan for 6 meals is \$83. Young adults (18-30), the cost is \$110, meal plan for 6 meals is \$83. Accommodations for 2 nights, shared non- A/C rooms: \$110, shared A/C rooms: \$130 and Non-A/C Private rooms: \$185. We will be going in one, or two mini vans, depending on how many people sign up to come. We will share the cost of gas. We will leave St. Louis parking lot on July 28th at 6 AM and we would return on July 30 approx. at 8 PM. Anyone interested to register, or for more info. please contact Kelly Krause at the parish office. (Prices in US currency.)

Marillac Place Baby Bottle Fundraiser (From Mothers' Day to Fathers' Day -

Marillac Place provides a safe home for women ages of 16+ who are pregnant, or have a child in their care, or are attempting to regain care of their child. Women at Marillac Place receive 24-hour guidance & support, continue their education and learn life-skills. To donate on-line go to marillacplace.ca/donate/, or mail your donation to Marillac Place, 109 Young St. Kit., ON, N2H 4Z2



Resurrectionist Vocation Minute - Many people fear

commitment, having been hurt and disappointed in the past.

But when we find someone who can faithfully commit to us, we

begin to experience healing and ourselves learn how to commit and make a gift of ourselves to others. The Eucharist is the source of Christian vocation, because Jesus says to us: "This is My Body." And it is through this mystery of His real and bodily commitment to us that we can receive the healing and courage we need to commit and make a gift of ourselves to others in turn. Read more at www.resurrectionists.ca.

The Catholic Doctrine of the Real Presence – Fr. Kenneth Baker, S.J.

By "Real Presence" is meant that the true Body and Blood, Soul and Divinity of Christ are really and substantially present under the Eucharistic species, that is, the appearances of bread and wine which remain on the altar after the Consecration.

"Presence" is one of those basic realities which we all experience and all know, but which is difficult to describe and define. Basically it means "being at hand", "being in front of"; when it is said of persons, often it also has the added meaning of "being for" or "being with", in the sense of accompanying someone.

A moment's reflection will reveal that God is present to us in a number of ways. By His power He is present in all of creation, since He conserves everything in its being. He is present in the souls of the just by His sanctifying grace. He is present in His Church which is the New Israel, the holy people of God. He is present in bishops and priests in a special way by reason of their consecration in Holy Orders. He is present, in a different way, in Holy Scripture and in the proclamation of His holy Word. These are some of the various ways in which God is present to his people.

But when the Church says that the glorified Jesus is really present in the Holy Eucharist, she is talking about a different and very special kind of presence. She means that, by the almighty power of God, a stupendous miracle has taken place, namely, the substance and reality of bread and wine have been changed into the substance and reality of the Body and Blood of the Resurrected Jesus Christ who is now seated at the right hand of the Father in heaven. Therefore, since Jesus Christ is God and God is worthy of adoration, it follows that the Lord, truly present under the appearances of bread and wine, is worthy of adoration in the Holy Eucharist. For this reason the Church surrounds the Mass and the Eucharist with various gestures of adoration: incense, bows, genuflections, silence, candles, formal liturgical clothing.

It is not difficult to show from history the unanimity of belief in the Real Presence of Christ in the Eucharist for the first 1500 years of the Church. Occasional doubts about it, such as those of Berengarius of Tours (d. 1088), caused an instant uproar - which attests to the universal acceptance of the Real Presence. This unanimous belief of 1500 years is itself an argument for its truth. For it is impossible that the Holy Spirit could leave the Church in error over a long period of time about one of the central doctrines of Christianity.

Widespread doubts and denials of, the Real Presence appeared in the 16th c. The Protestant Reformers were unanimous in rejecting transubstantiation and the sacrificial character of the Eucharist, and they did not agree on the question of the Real Presence. Because of the denials and doubts by the Protestant Reformers about the Mass and the Real Presence, the Council of Trent (1545-1563) took up each of these questions and laid out for all the official, infallible teaching of the Church. Thus, the Council declared: "If anyone denies that the Body and Blood, together with the Soul and Divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained in the sacrament of the most holy Eucharist, but says that Christ is present in the Sacrament only as in a sign or figure, or by His power: let him be anathema" (Denzinger-Schunmetzer 1651).

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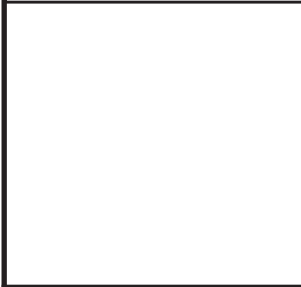
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